

Agenda

*(Sessions marked with * will not be recorded.)*

Day One - Thursday, February 4

11:00 am – 12:30 pm central/12:00 – 1:30 pm eastern

**How to Lighten 2020's Emotional Overload: Concrete Steps to Bolster Mental Health with
Lynn Lyons, Psychotherapist & Author**

As we say farewell to a year like no other, we all need strategies to find more solid emotional footing. We weren't doing great with anxiety and depression before the pandemic, and the patterns that predict emotional struggle for both adults and students have likely increased. What needs attention as we move forward? How did emotional cracks become chasms? What's "normal" based on what we experienced? And how do we teach and model better skills? This presentation describes the skills needed to bolster emotional management and wellness, including how to increase flexibility, create connection, redefine boundaries, and engender optimism. After the presentation, there will be time for Q & A.

12:30 – 1:00 pm central/1:30 – 2:00 pm eastern

Break

1:00 – 2:30 pm central/2:00 – 3:30 eastern

**Marie Kondo Your Program: Declutter Your Calendar, Spark Joy with Your Constituents &
Clear the Space to Grow What's Next**

Greg Bamford, Leadership+Design

Schools are famously good at adding programs, events, and traditions. We have a hard time taking them away. We've known for years this isn't sustainable, but the current school year has forced many of us to rethink what's truly necessary. When events have been changed or cancelled, have we truly missed them? And what opportunities have emerged in the meantime? In this interactive session, we'll introduce Ecocycle Planning, a replicable tool for maintaining a healthy balance of emerging innovations, well-established programs, and older practices ready to end. As Marie Kondo has taught many of us, sometimes less is more! Leave ready to declutter your calendars...and spark joy with the communities you serve.

2:30 – 3:00 pm central/3:30 – 4:00 pm eastern

Break

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3:00 – 4:00 pm central/4:00 – 5:00 pm eastern

Breakouts by Division - Early Childhood, Lower, Middle & Upper *

Facilitated by members of the ISACS Administrative Services Committee

Benefit from the opportunity to share challenges, successes or crowdsource a new idea with others in the same role.

Day 2 - Friday, February 5

8:30 – 10:00 am central/9:30 – 11:00 am eastern

Bearing Up & Bearing Down: Sustaining Morale, Competence & Courage During a Pandemic

Michael Thompson, Psychologist, Author & School Consultant

The pandemic has presented schools with grave challenges. With a combination of courage, creativity and a lot of hard work, division directors and teachers have found ways to keep schools moving forward, remotely or in-person. The issue now is sustainability. How can administrators provide the support their communities need in the face of continued fear and uncertainty? Thompson will touch on the challenges that remain and lead an interactive discussion with administrators on the creative ways they have found to maintain standards and teacher morale.

10:00 – 10:30 am central/11:00 – 11:30 am eastern

Break

10:30 am – 12:00 pm central/11:30 am – 1:00 pm eastern

Equity, Inclusion, Justice & Belonging: Leading Your Division in Divisive Times

Rodney Glasgow, Glasgow Group

This session will explore the division head's role in leading and supporting students and faculty with diversity in mind. Division heads will gain tools for managing difficult conversations and addressing pithy issues of DEI. How do you lead definitively in a politically charged climate ripe with identity-based tensions? Glasgow will discuss current trends as well as best and next practices in independent schools.

12:00 – 12:30 pm central/1:00 – 1:30 pm eastern

Break

12:30 – 1:30 pm central/1:30 – 2:30 pm eastern

Conversation by Current Topics of Interest *

Facilitated by members of the ISACS Administrative Services Committee

Join conversations by topics that are of interest to you right now or as you plan for the future.