Harnessing Your Unique Power As An Emerging Leader

Greg Bamford
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Think of a leader you admire.

Tell someone near you what it looked like when they were at their best.

Leadership is a behavior, not a position.

- Pearl Rock Kane

Agenda for Today

- 1. Experiencing Circles of Comfort
- 2. Building Self-Awareness
- 3. Constructing a Purpose Story
- 4. Develop a Ritual

Circles of Comfort

panic Zone of Come Comfort Zone Learning, Growth

RUNNING A MEETING

PUBLIC SPEAKING

TELLING A COLLEAGUE "I DON'T KNOW"

GETTING FEEDBACK ON MY WORK

LEARNING THAT I MADE A MISTAKE

TAKING ON A TASK WITHOUT **KNOWING HOW** TO GET IT DONE

CHALLENGING A COLLEAGUE ABOUT THEIR BEHAVIOR

TALKING ABOUT OTHER PEOPLE'S FEELINGS

Uncomfortable does not mean unsafe.

WITH A PARTNER:

How do you take care of yourself when feeling discomfort?

How do you take care of others when they feel discomfort?

Self-Awareness

When you are at your best:

What does it look like to others? What do they hear and feel?

This could be homework.

When you are at your best:

What does it feel like in your body?

SELF-AWARENESS QUAD

WHAT ARE YOU EXPERIENCING RIGHT NOW?

THOUGHTS

EMOTIONS

DESIRES / INTENTIONS

SOMATIC SENSATIONS



WHAT DO YOU EXPERIENCE WHEN YOU DELIVER CRITICAL FEEDBACK?

THOUGHTS EMOTIONS DESIRES / INTENTIONS SOMATIC SENSATIONS When you are at your best:

What are you doing? What is your intent?

Consider:

- Why do you do your work in schools?
- What gift do you bring to your work?
- What is the impact you wish to have?

Purpose = Gift + Impact

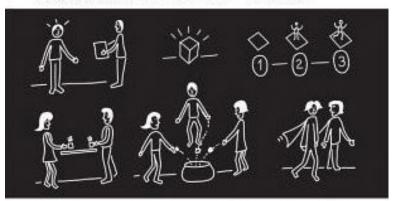
- Ross Wehner, World Leadership School

A "Purpose Story"

Why you Why this Why now

RITUALS FOR WORK

50 WAYS TO CREATE ENGAGEMENT, SHARED PURPOSE AND A CULTURE THAT CAN ADAPT TO CHANGE



KURSAT OZENC, PH.D. MARGARET HAGAN, PH.D. INSTRUCTORS AT STANFORD D.SCHOOL

WILEY

What is a Ritual?

What makes ritual different from any other kind of human behavior? Barbara Myerhoff explains what sets 'rituals' apart from the ordinary in her seminal work on secular rituals. It is about marking out special moments, that have meaning, and which the people involved are aware of something special going on.

- Ritual Design Lab.

Consider a ritual that reminds you of your intent.



Thank you!

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