

Our website: www.empowerforwards.com

Our book (includes links to all the free downloadable

reproducibles): <https://www.solutiontree.com/products/empower-your-students.html>

Our Facebook page: <https://www.facebook.com/empowerforwards/>

For further reading:

EMPOWER Students to Learn Meaningfully

- Porosoff, **Values in Context**: how contact with personal values can improve teaching. <http://www.nais.org/Magazines-Newsletters/ISMagazine/Pages/Values-in-Context.aspx>
- hooks, **Teaching to Transgress**: how teachers can honor who their students are and what they value. <https://www.amazon.com/dp/0415908086/>

EMPOWER Students to Work Meaningfully

- Porosoff, **Toward a Compassionate Homework Policy**: helping students connect homework to their values. <https://www.joomag.com/magazine/connections-quarterly-winter-2016-compassion/0529675001481652282>
- Kasdan, **The Upside of Your Dark Side**: why positive emotions alone don't lead to a successful and fulfilling life. <https://www.amazon.com/dp/0147516447/>

EMPOWER Students to Connect Meaningfully

- Porosoff, **Teaching Students to See Each Other**: an exercise that prompts students to consider how they've been impacted by each other. <http://www.tolerance.org/blog/teaching-students-see-each-other>
- Biglan, **The Nurture Effect**: how to create environments (including classroom environments) that enhance well-being. <https://www.amazon.com/dp/1608829553/>

EMPOWER Students to Fail Meaningfully

- Weinstein and Porosoff, **Summer Self-Care All Year Long**: how teachers—and students—can take care of themselves. <https://www.solutiontree.com/blog/summer-self-care-all-year-long/>
- Neff, **Self-Compassion: The Proven Power of Being Kind to Yourself**: how to be kind to yourself in the face of struggle. <https://www.amazon.com/dp/0061733520>