

Ned Hallowell

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ADHD

Article - Washington Post - [ADHD in Kids: What Many parents and teachers don't understand, but need to know - part 1.](#)

[ADHD in Kids - part 2](#)

YouTube - [Dr. Hallowell: Mrs. Eldredge, My First Grade Teacher](#)

Distraction Podcast - [FAQs about ADHD](#)

Childhood Roots

Vimeo - [Childhood Roots of Adult Happiness - 5 Steps](#)

Distraction Podcast - [10 Tips on Connection](#)(FYI Connect is the 1st Step for teachers to take in Childhood Roots.)

YouTube Shine -[The Path to Peak Performance](#) - reviews the cycle of excellence that will be explained in his Luncheon keynote. Note this is based on his book and not broken down for teachers specifically, but if you want to include this link, it will give them an overview of the path to peak performance.