

# Count Me In:

## *Building Social Skills with Games*

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### What skills can games teach?

Pacing  
Sharing  
Manners  
Focusing  
Integrity  
Flexibility  
Generosity  
Compassion  
Sportsmanship  
Personal Space  
Paying Attention  
Time Management  
Following Directions  
Sensory Integration



### Behavioral Considerations

Time  
Practice  
Callbacks  
Movement  
Distraction  
Relationship

**I'm sitting kris-cross applesauce  
And staying quiet, too.  
My hands are in my lap  
And my eyes are on you!**

### Focusing Games and Activities

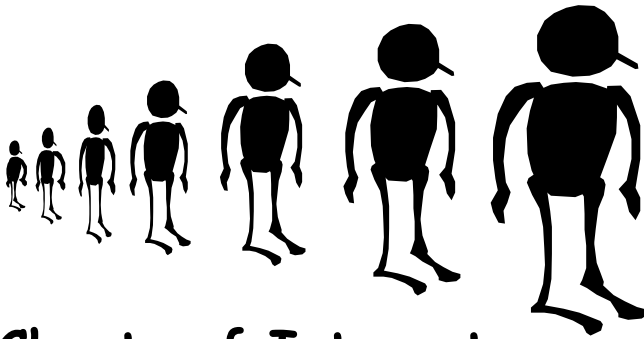
- Simon Says...
- Bingo with EXTRA rules
- Red Light, Green Light
- Freeze Tag
- *Can You Do This?* Dance
- Art Gallery
- Juggling / Follow the Scarf
- Quick Draw
- Look Up, Look Down
- Add a Word



- Follow the Leader (Animals)
- Touch Your Shoulders (etc.)
- I Spy
- Cross Laterals
- Callback Stories
- Clap the Pattern Echo
- Paper Plate Mimic
- Thumb Wars
- Circle Count to Ten
- Marching to a Beat



We use our listening ears.  
We use our walking feet.  
We keep our hands, feet  
and objects to ourselves.  
We follow directions right away.  
Safely learning at school each day.



## Chants of Interest...

I give myself a great big hug  
and stand up straight and tall.  
My eyes are looking straight  
ahead. I'm ready for the hall.

I'll wiggle my fingers and I'll  
wiggle my toes. I'll wiggle my  
shoulders and I'll wiggle my  
nose. Now all of my wiggles  
are gone as you can see. And  
so I'll sit down in my place as  
quiet as can be!

Two little hands go clap, clap, clap.  
Two little feet go tap, top, top.  
Two little fist go thump, thump, thump.  
Two little legs go jump, jump, jump.  
All the little bodies turn quickly around.  
All the little bodies sit quietly down.

## Songs of Interest...

Taken from ETM (<http://richardsinstitute.org>)

I'm thinking of someone.  
I'm thinking of someone.  
I'm thinking of someone  
whose name sounds like this...

Have you ever seen a lassie, a  
lassie, a lassie? Have you ever  
seen a lassie go this way and  
that?

Go this way and that way and  
this way and that way - Have  
you ever seen a lassie go this  
way and that?

There's a penny in my hand.  
It will travel through the land.  
Is it here? Is it there? It  
will travel everywhere.

When I was **ONE** I **had some**  
**fun** going over the sea. I  
jumped aboard a sailing ship  
and the sailor said to me,  
"Going over, Going under,  
stand at attention like a  
soldier with a one, two, three.

