

## Addressing Cyberbullying

- Start with a conversation.
- Remember young people are more likely to be perpetrators than victims.
- Be clear about your expectations for online behavior.
- Remind your kids that technology is a privilege.

## What Can Young People Do?

- The power of the “bystander.” Most bullying happens with other kids knowing about it. Most “bystanders” do nothing, encourage, or join in.
- Don’t pass along hurtful messages.
- Don’t laugh or in any way encourage.
- Actively discourage Eg. “That’s not funny.” or “How would you like it?”
- Tell a trusted adult and ask for anonymity if necessary.